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Contact: Jennifer Whittle/Libby Phillips
Mullen Public Relations
602-222-4343

WINGS TO FLY TAKES FLIGHT

Non-Profit Prepares Young Women to Soar in Life

PHOENIX -- Soaring after the success of its inaugural event in Colorado, Wings to Fly, a national non-profit organization that promotes life-long self esteem in young women, is planning future week-long educational camps in Arizona.

Founded by Renie Cavallari, chief inspiration officer, CEO and founder of Aspire, Wings to Fly hosted its 2007 camp in Breckenridge, Colo., impacting seven young women. Through interactive, inspiring activities, the girls developed a better understanding of who they are as young women in today's society.

"Our first year of camp was beyond anything we could have imagined," said Cavallari. "It is amazing to be a part of an organization that emphasizes healthy choices for young women and effects positive change."

Wings to Fly is expanding its presence to include future camps in Arizona for young women ages 10 to 13.

Wings to Fly's intensive educational camp integrates inspiration, knowledge, research-proven resources and coaching into participants' daily activities, enabling the development of qualities that are essential for becoming the leaders of tomorrow.

The camp features parent or primary caregiver participation to enable growth to continue in each young woman's daily life.

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WINGS TO FLY

"Follow-up telephone coaching sessions with parents and primary caregivers who have seen remarkable changes in their daughters has been so rewarding," said Cavallari. "For these girls, their options for the future are abundant and they now truly have wings to fly."

Wings to Fly is a national non-profit organization that promotes life-long self esteem in young women. For more information please visit www.wingstofly.info or call 602-392-0700.